

1.5 km kids trail race course description

From the start line you will head out to the grassy car park area and along a fenced off trail around the edge of the field.

200 metres into the race you will run down a small hill and across a dry creek. You will need to be careful on this section! We wouldn't want you to trip.

From there you run along another grassy area, following the markers until you get to a dam.

You run along the dam wall and up into the bush.

The bush trail is a bit steep at the beginning but pretty soon you turn right and it's a gentle downhill for 100 metres. You need to be careful on the bush trail so as not to trip on loose stones and twigs.

At the bottom of the trail there is a water station. If you're thirsty you can get a drink. But if you are feeling fresh, there is no need to stop.

The trail then takes you around another dam and up onto the dam wall before you run straight down a slope that takes you back to the water station. Once again, if you're thirsty feel free to get a drink here.

You now run back the way you came, back up the bush trail then down to the first dam. You then run along the dam wall and back to the car park field.

You now run back around the car park to the finish line and all the cheering onlookers.

Best of luck to all competitors!